

Volunteer equipment (for summer) · Check sheet (English)

Check column	Clothing / Equipment	Check column	Fixtures
	hat		Mobile phone · Smartphone
	Sunglasses, goggles, glasses		Charger
	Mask / dust mask		Spare battery / rechargeable battery
	Thick rubber gloves		Connection code
	Long sleeve shirt		LED Light · Flashlight
	Long trousers		Spare battery for flashlight
	Boots and safety shoes		PC / Tablet PC
	Shoes		Portable radio
	Getting dressed		Mobile WiFi
	Suitable item		Medicinal medicine
	towel		cash
	moisture		water
	PET bottle folder / water bottle		food
	Salt content (Umeboshi, salt syrup)		Writing utensils
	First Aid (Disinfectant / Adhesive Plaster)		Identification
	Waist pouch		Simple toilet
	Headlight		Toilet Paper
	Raincoat		Work gloves
	Plastic bag		Watches
	Tissue paper		Bathroom tools
	Insurance card · Volunteer insurance		Nameplate holder